

# JANUARY 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<b>New Year's Day</b> 1	2 8:00 Coffee & Chat 10:00 Exercises 11:15 Walking Program 1:45 Social Tea	3 8:00 Coffee & Chat 10:00 Active Games <b>11:00 Mass</b> 1:30 Walking Program 1:45 Aroma Therapy 2:30 1:1 Visits 6:00 Social Tea	4 8:00 Coffee & Chat 9:30 Walking Program 11:00 Exercises <b>1:45 Karaoke with Gwen</b>	5 8:00 Coffee & Chat 10:00 Active Games 11:15 Walking Program / Visits <b>1:45 Entertainment by Na Polska Nute</b>
6 8:00 Coffee & Chat 9:30 Walking Program <b>11:00 Mass</b> 1:45 Aroma Therapy / Beauty Time	7 8:00 Coffee & Chat 10:00 Exercises 11:15 Walking Program 1:30 Bingo	8 8:00 Coffee & Chat 10:00 Carpet Bowling 11:15 Walking Program 1:45 Table Games	9 8:00 Coffee & Chat 10:00 Exercises 11:15 Walking Program <b>1:45 Entertainment by Koro</b>	10 8:00 Coffee & Chat 10:00 Active Games <b>11:00 Mass</b> 1:30 Walking Program 1:45 Aroma Therapy 2:30 1:1 Visits 6:00 Movie & Popcorn	11 8:00 Coffee & Chat 9:30 Walking Program 11:00 Exercises <b>1:45 Entertainment by Ed</b>	12 8:00 Coffee & Chat <b>10:00 Music Therapy with Mike</b> 11:15 Walking Program / Visits 1:45 Art Therapy / Outdoor Walks
13 8:00 Coffee & Chat 9:30 Walking Program <b>11:00 Mass</b> 1:45 Aroma Therapy / Beauty Time	14 8:00 Coffee & Chat 10:00 Exercises 11:15 Walking Program <b>1:45 Entertainment by Peter</b>	15 8:30 Special Breakfast 10:00 Carpet Bowling 11:15 Walking Program 1:30 Bingo	16 8:00 Coffee & Chat 10:00 Exercises <b>10:30 Shopping /Lunch Bus Outing</b> 11:15 Walking Program 1:45 Table Games	17 8:00 Coffee & Chat 10:00 Active Games <b>11:00 Mass</b> <b>1:45 Birthday Party with Mike</b> 2:30 1:1 Visits 6:00 Pizza Night	18 8:00 Coffee & Chat 9:30 Walking Program 11:00 Walking Program 1:45 Art Therapy	19 8:00 Coffee & Chat 10:00 Active Games 11:15 Walking Program / Visits <b>1:45 Entertainment by Slava</b>
20 8:00 Coffee & Chat 9:30 Walking Program <b>11:00 Mass</b> 1:45 Aroma Therapy / Beauty Time	21 8:00 Coffee & Chat 10:00 Exercises 11:15 Walking Program 1:30 Bingo	22 8:00 Coffee & Chat 10:00 Carpet Bowling 11:15 Walking Program <b>1:45 Entertainment by Chico &amp; Tim</b>	23 8:00 Coffee & Chat 10:00 Exercises 11:15 Walking Program 1:45 Table Games	24 8:00 Coffee & Chat 10:00 Active Games <b>11:00 Mass</b> <b>1:30 Scenic Drive Bus Outing</b> 2:30 1:1 Visits 6:00 Social Tea	25 8:00 Coffee & Chat 9:30 Walking Program 11:00 Exercises 1:45 Art Therapy	26 8:00 Coffee & Chat 10:00 Active Games 11:15 Walking Program / Visits <b>1:45 Entertainment by Pete</b>
27 8:00 Coffee & Chat 9:30 Walking Program <b>11:00 Mass</b> 1:45 Aroma Therapy / Beauty Time	28 8:00 Coffee & Chat 10:00 Exercises 11:15 Walking Program <b>1:45 Entertainment by Greg</b>	29 8:00 Coffee & Chat 10:00 Carpet Bowling 11:15 Walking Program 1:45 Bingo	30 8:00 Coffee & Chat 10:00 Exercises 11:15 Walking Program <b>1:45 Sing Along with Lory</b>	31 8:00 Coffee & Chat 10:00 Active Games <b>11:00 Mass</b> 1:30 Walking Program 1:45 Aroma Therapy 2:30 1:1 Visits 6:00 Movie & Popcorn		