

# OCTOBER 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>1</b> 8:00 Coffee & Chat 10:00 Exercises 11:15 Walking Program <b>1:45 Karaoke with Gwen</b>	<b>2</b> 8:00 Coffee & Chat 10:00 Carpet Bowling 11:15 Walking Program 1:45 Bingo	<b>3</b> 8:00 Coffee & Chat 10:00 Exercises 11:15 Walking Program 1:45 Table Games	<b>4</b> 8:00 Coffee & Chat 10:00 Active Games <b>11:00 Mass</b> <b>1:45 Entertainment by Ed &amp; Kaz</b> 2:30 1:1 Visits 6:00 Movie & Popcorn	<b>5</b> 8:00 Coffee & Chat 9:30 Walking Program 10:00 Music Therapy 11:00 Exercises 1:45 Art Therapy	<b>6</b> 8:00 Coffee & Chat 10:00 Active Games 11:15 Walking Program / Visits <b>1:45 Sing Along with Lory</b>
<b>7</b> 8:00 Coffee & Chat 9:30 Walking Program <b>11:00 Mass</b> 1:45 Aroma Therapy / Beauty Time	<b>8</b> <b>Thanksgiving Day</b>	<b>9</b> 8:00 Coffee & Chat 10:00 Carpet Bowling 11:15 Walking Program 1:45 Bingo	<b>10</b> 8:00 Coffee & Chat 10:00 Exercises 11:15 Walking Program 1:45 Table Games	<b>11</b> 8:00 Coffee & Chat 10:00 Active Games <b>11:00 Mass</b> <b>1:45 Entertainment by Koro</b> 2:30 1:1 Visits 6:00 Social Tea	<b>12</b> 8:00 Coffee & Chat 9:30 Walking Program 10:00 Music Therapy 11:00 Exercises 1:45 Magic in Words	<b>13</b> 8:00 Coffee & Chat 10:00 Active Games 11:15 Walking Program / Visits <b>1:45 Entertainment by Peter</b>
<b>14</b> 8:00 Coffee & Chat 9:30 Walking Program <b>11:00 Mass</b> 1:45 Aroma Therapy / Beauty Time	<b>15</b> 8:00 Coffee & Chat <b>9:00 Municipal Election</b> 11:15 Walking Program 1:45 Bingo	<b>16</b> 8:00 Coffee & Chat 10:00 Carpet Bowling 11:15 Walking Program <b>1:45 Entertainment by Pete</b>	<b>17</b> 8:00 Coffee & Chat 10:00 Exercises 11:15 Walking Program 1:45 Table Games	<b>18</b> 8:00 Coffee & Chat 10:00 Active Games <b>11:00 Mass</b> <b>1:30 Scenic Drive Bus Outing</b> 2:30 1:1 Visits <b>6:00 Pizza Night</b>	<b>19</b> 8:00 Coffee & Chat 9:30 Walking Program 10:00 Music Therapy 11:00 Exercises <b>1:45 Birthday Party with Slava</b>	<b>20</b> 8:00 Coffee & Chat <b>10:00 Music Therapy with Mike</b> 1:45 Art Therapy / Outdoor Walks
<b>21</b> 8:00 Coffee & Chat 9:30 Walking Program <b>11:00 Mass</b> 1:45 Aroma Therapy / Beauty Time	<b>22</b> 8:00 Coffee & Chat 10:00 Exercises 11:15 Walking Program 1:45 Bingo	<b>23</b> 8:00 Coffee & Chat 10:00 Carpet Bowling 11:15 Walking Program <b>1:45 Entertainment by Chico &amp; Tim</b>	<b>24</b> 8:00 Coffee & Chat 10:00 Exercises <b>10:30 Shopping /Lunch Bus Outing</b> 1:45 Movie Time	<b>25</b> 8:00 Coffee & Chat 10:00 Active Games <b>11:00 Mass</b> 1:30 Walking Program 1:45 Aroma Therapy 2:30 1:1 Visits 6:00 Movie & Popcorn	<b>26</b> 8:00 Coffee & Chat 9:30 Walking Program 10:00 Music Therapy 11:00 Exercises <b>1:45 Entertainment by Mike</b>	<b>27</b> 8:00 Coffee & Chat 10:00 Active Games 11:15 Walking Program / Visits 1:45 Art Therapy / Outdoor Walks
<b>28</b> 8:00 Coffee & Chat 9:30 Walking Program <b>11:00 Mass</b> 1:45 Aroma Therapy / Beauty Time	<b>29</b> 8:00 Coffee & Chat 10:00 Exercises 11:15 Walking Program 1:45 Bingo	<b>30</b> 8:00 Coffee & Chat 10:00 Carpet Bowling 11:15 Walking Program <b>1:45 Entertainment by Sal and Pancho</b>	<b>31</b> 8:00 Coffee & Chat 10:00 Exercises 11:15 Walking Program <b>2:00 Halloween Costume Contest</b>			