

FEBRUARY 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 10:00 Exercises 11:15 Walking Program 1:00 Aroma Therapy 1:45 Entertainment by Peter	2 10:00 Carpet Bowling 11:15 Walking Program 1:45 Multicultural Senior Singers	3 10:00 Exercises 11:15 Walking Program 1:00 Aroma Therapy 1:45 Hymn Sing	4 10:00 Music Therapy 11:00 Mass 1:30 Walking Program 1:45 Fat Thursday Cel. with Ed & Kaz 2:30 1:1 Visits 6:00 Social Tea	5 10:00 Hymn Sing 11:15 Walking Program 1:00 Aroma Therapy 1:30 Beauty Time	6 10:00 Carpet Bowling 11:15 Walking Program / Visits 1:30 Active Games
7 9:30 Walking Program 11:00 Prayers 1:30 Art Class	8 Family Day & Chinese New Year	9 10:00 Carpet Bowling 11:15 Res. Committee 11:15 Walking Program 1:45 Retired Society Dancers – Chinese New Year Celebration 	10 10:00 Exercises 11:15 Walking Program 1:00 Aroma Therapy 1:45 Hymn Sing	11 10:00 Bus Outing – Day of The Sick Celebration 1:30 Walking Program 2:30 1:1 Visits 6:00 Pizza Night	12 10:00 Hymn Sing 11:15 Walking Program 1:00 Aroma Therapy 1:30 Beauty Time	13 10:00 Carpet Bowling 11:15 Walking Program / Visits 1:45 Entertainment by Kevin
14 9:30 Walking Program 11:00 Mass 1:45 St. Valentine's Celebration with Slava 	15 10:00 Exercises 11:15 Walking Program 1:00 Aroma Therapy 1:30 Bingo	16 10:00 Carpet Bowling 11:15 Walking Program 1:45 Entertainment by Chico and Tim	17 10:00 Exercises 11:15 Walking Program 1:00 Aroma Therapy 1:45 Hymn Sing	18 10:00 Music Therapy 11:00 Mass 1:30 Walking Program 1:30 Beauty Time 2:30 1:1 Visits 6:00 Entertainment by Mike	19 10:00 Hymn Sing 11:15 Walking Program 1:00 Aroma Therapy 1:30 Beauty Time	20 10:00 Carpet Bowling 11:15 Walking Program / Visits 1:45 Birthdays Party with Lory
21 9:30 Walking Program 11:00 Mass 1:30 Art Class	22 10:00 Exercises 11:15 Walking Program 1:00 Aroma Therapy 1:45 Entertainment by Luda	23 8:30 S. Breakfast 10:00 Carpet Bowling 10:30 Handy Dart Bus Outing	24 10:00 Exercises 11:15 Walking Program 1:00 Aroma Therapy 1:45 Hymn Sing	25 10:00 Music Therapy 11:00 Mass 1:30 Beauty Time 1:30 Walking Program 2:30 1:1 Visits 6:00 Movie & Popcorn	26 10:00 Hymn Sing 11:15 Walking Program 1:00 Aroma Therapy 1:45 Entertainment by Koro	27 10:00 Carpet Bowling 11:15 Walking Program / Visits 1:30 Baking
28 9:30 Walking Program 11:00 Mass 1:45 Polish Folk Group	29 10:00 Exercises 11:15 Walking Program 1:00 Aroma Therapy 1:30 Bingo					