




SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 9:45 Exercise 11:00 Catholic Mass 1:45 Bingo 2:00 Nail & Hand Care 3:15 1:1 Sit to Stand & Garden Walks 5:30 Pizza Night 6:30 1:1 Connection	2 9:45 Exercise 11:00 Music Therapy 11:00 Walking Program 1:30 Entertainment by Slava 3:15 1:1 Sit to Stand & Garden Walks 5:30 Busy Hands 6:30 1:1 Connection	3 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Floor Bowling 2:00 Outdoor Walks 3:15 1:1 Sit to Stand & Garden Walks 
4 9:45 Exercise 11:00 Polish Mass on Tv 11:00 Walking Program 1:45 Bible Believers 3:15 1:1 Sit to Stand & Garden Walks 	5 <b>B.C DAY</b> 9:45 Exercise 11:45 Walking program 11:45 Room visits 1:45 Entertainment by Koro 3:15 1:1 Sit to Stand & Garden Walks	6 9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:45 Reading Club 3:15 1:1 Sit to Stand & Garden Walks	7 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Magic in Words 2:00 Outdoor Walks 3:15 1:1 Sit to Stand & Garden Walks 5:30 Table Games 6:30 1:1 Connections	8 9:45 Exercise 11:00 Catholic Mass 1:45 Bingo 2:00 Nail & Hand Care 3:15 1:1 Sit to Stand & Garden Walks 5:30 Fly Ball 6:30 1:1 Connection	9 9:45 Exercise 11:00 Music Therapy 11:00 Walking Program 1:30 Happy Hour 2:00 Room Visits 3:15 1:1 Sit to Stand & Garden Walks 5:30 Busy Hands 6:30 1:1 Connection	10 9:45 Exercise 10:45 Walking Program 1:45 Room Visits 1:45 Floor Bowling 2:00 Puzzles 3:15 1:1 Sit to Stand & Garden Walks 5:30 Art Therapy 6:30 1:1 Connection
11 9:45 Exercise 11:00 Polish Mass on Tv 11:00 Walking Program 11:45 Room visits 1:45 Social Tea 3:15 1:1 Sit to Stand & Garden Walks	12 9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:45 Entertainment by Bobby Bacchus 3:15 Sit to Stand & Garden Walks	13 9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:45 Crafts Program 3:15 1:1 Sit to Stand & Garden Walks	14 9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:45 Magic in Word 3:15 1:1 Sit to Stand & Garden Walks	15 9:45 Exercise 11:00 Catholic Mass 1:45 Bingo 2:00 Nail & Hand Care 3:15 1:1 Sit to Stand & Garden Walks 5:30 Busy Hands 6:30 1:1 Connection	16 9:45 Exercise 11:00 Music Therapy 11:00 Walking Program 1:45 Happy Hour 2:00 Room Visits 3:15 1:1 Sit to Stand & Garden Walks 5:30 Busy Hands 6:30 1:1 Connection	17 9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:45 Floor Bowling 2:00 Outdoor Walks 3:15 1:1 Sit to Stand & Garden Walks 5:30 Art Therapy 6:30 1:1 Connection
18 9:45 Exercise 11:00 Polish Mass on Tv 11:00 Walking Program 1:45 Bible Believers 2:00 Outdoor Walks 3:15 1:1 Sit to Stand & Garden Walks 5:30 Art Therapy 6:30 1:1 Connection	19 9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:45 Entertainment by Toka (Relaxing Harp Music) 3:15 1:1 Sit to Stand & Garden Walks	20 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Floor Hockey 3:15 1:1 Sit to Stand & Garden Walks	21 9:45 Exercise 10:45 Walking Program 1:45 Magic in Words 2:00 Outdoor Walk 3:15 1:1 Sit to Stand & Garden Walks	22 9:45 Exercise 11:00 Catholic Mass 1:45 Bingo 2:00 Nail & Hand Care 3:15 1:1 Sit to Stand & Garden Walks 5:30 Fly Ball 6:30 1:1 Connection	23 9:45 Exercise 11:00 Walking Program 1:45 Happy Hour 3:15 1:1 Sit to Stand & Garden Walks 5:30 Busy Hands 6:30 1:1 Connection	24 9:45 Exercise 10:45 Walking Program 1:45 Room Visits 10:45 Walking Program 1:45 Floor Bowling 3:15 1:1 Sit to Stand & Garden Walks 5:30 Art Therapy 6:30 1:1 Connection
25 9:45 Exercise 11:00 Polish Mass on Tv 1:45 Movie/ Popcorn "The Irishman" 2:00 Outdoor Walk 3:15 1:1 Sit to Stand & Garden Walks 5:30 Art Therapy 6:30 1:1 Connection	26 9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:45 Entertainment by The Timeliners 3:15 1:1 Sit to Stand & Garden Walks	27 9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:45 Floor Hockey 3:15 1:1 Sit to Stand & Garden Walks	28 9:45 Exercise 10:45 Walking Program 1:45 Magic in Words 3:15 1:1 Sit to Stand & Garden Walks 	29 9:45 Exercise 11:00 Catholic Mass 1:45 Bingo 2:00 Nail & Hand Care 3:15 1:1 Sit to Stand & Garden Walks 5:30 Pizza Night 6:30 1:1 Connection	30 9:45 Exercise 11:00 Walking Program 1:45 Happy Hour 3:15 1:1 Sit to Stand & Garden Walks 5:30 Busy Hands 6:30 1:1 Connection	31 9:45 Exercise 10:45 Walking Program 1:45 Room Visits 10:45 Walking Program 1:45 Floor Bowling 3:15 1:1 Sit to Stand & Garden Walks 5:30 Art Therapy 6:30 1:1 Connection

\*\* DAILY CHRONICLES 2024 ARE PROVIDED EACH MORNING \*\* ACTIVITIES SUBJECT TO CHANGE



**Let Sunshine Fill Your Heart Everyday !**

