

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31 9:45 Exercise 11:00 Polish Mass on Tv 11:00 Walking Program 1:45 Movie/ Popcorn "Mamma Mia" 3:15 1:1 Sit to Stand & Garden Walks						2 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Karaoke 3:15 1:1 Sit to Stand & Garden Walks 
3 9:45 Exercise 11:00 Polish Mass on Tv 11:00 Walking Program 1:45 Spiritual Connections 3:15 1:1 Sit to Stand & Garden Walks	4 9:45 Exercise 10:45 Walking program 11:45 Room visits 1:45 Entertainment by Toka 3:15 1:1 Sit to Stand & Garden Walks 	5 9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:45 Ice Cream Truck - Cone Day 3:15 1:1 Sit to Stand & Garden Walks	6 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:30 Outdoor Walk 1:45 Magic in Words 3:15 1:1 Sit to Stand 5:30 Busy Hands 6:30 1:1 Connection	7 9:45 Exercise 11:00 Catholic Mass 1:30 Nail & Hand Care 1:45 Bingo 3:15 1:1 Sit to Stand & Garden Walks 5:30 Busy Hands 6:30 1:1 Connection	8 9:45 Exercise 10:45 Walking Program 11:00 Room Visits 1:30 Room Visits 1:45 Happy Hour 3:15 1:1 Sit to Stand & Garden Walks 5:30 Puzzles 6:30 1:1 Connection	9 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Floor Bowling 3:15 1:1 Sit to Stand & Garden Walks 5:30 Armchair Travel 6:30 1:1 Connection
10 9:45 Exercise 11:00 Polish Mass on Tv 11:00 Walking Program 1:45 Movie/ Popcorn "Get Low" 3:15 1:1 Sit to Stand & Garden Walks 	11 9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:45 Entertainment by Bobby Bacchus 3:15 Sit to Stand & Garden Walks	12 9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:45 Summer Crafts 3:15 1:1 Sit to Stand & Garden Walks	13 9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:45 Magic in Words 3:15 1:1 Sit to Stand & Garden Walks	14 9:45 Exercise 11:00 Catholic Mass 1:30 Nail & Hand Care 1:45 Bingo 3:15 1:1 Sit to Stand 5:30 Fly Ball 6:30 1:1 Connection	15 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:30 Room Visits 1:45 Entertainment by Lory 3:15 1:1 Sit to Stand & Garden Walks 5:30 Armchair Travel 6:30 1:1 Connection	16 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Balloon Tennis 3:15 1:1 Sit to Stand & Garden Walks 5:30 Puzzles 6:30 1:1 Connection
17 9:45 Exercise 11:00 Polish Mass on Tv 11:00 Walking Program 1:30 Outdoor Walks 1:45 Spiritual Connections 3:15 1:1 Sit to Stand & Garden Walks 5:30 Puzzles 6:30 1:1 Connection	18 9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:45 Entertainment by The Timeliners 3:15 Sit to Stand & Garden Walks	19 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Reading Club 3:15 1:1 Sit to Stand & Garden Walks	20 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Magic in Words 3:15 1:1 Sit to Stand & Garden Walks 	21 9:45 Exercise 11:00 Catholic Mass 1:30 Nail & Hand Care 1:45 Bingo 3:15 1:1 Sit to Stand & Garden Walks 5:30 Busy Hands 6:30 1:1 Connection	22 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:30 Outdoor Walks 1:45 Happy Hour 3:15 1:1 Sit to Stand & Garden Walks 5:30 Fly Ball 6:30 1:1 Connection	23 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 10:45 Walking Program 1:45 Floor Hockey 3:15 1:1 Sit to Stand & Garden Walks 5:30 Puzzles 6:30 1:1 Connection
24 9:45 Exercise 10:00 Walking Program 1:30 Outdoor Walks 1:45 Movie/ Popcorn "Hachi: a Dog's Tale" 3:15 1:1 Sit to Stand & Garden Walks 5:30 Puzzles 6:30 1:1 Connection	25 9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:45 Entertainment by Koro 3:15 1:1 Sit to Stand & Garden Walks 	26 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Reading Club 3:15 1:1 Sit to Stand & Garden Walks	27 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Magic in Words 3:15 1:1 Sit to Stand & Garden Walks	28 9:45 Exercise 11:00 Catholic Mass 1:30: Nail & Hand Care 1:45 Bingo 3:15 1:1 Sit to Stand & Garden Walks 5:30 Fly Ball 6:30 1:1 Connection	29 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:30 Outdoor Walks 1:45 Happy Hour 3:15 1:1 Sit to Stand & Garden Walks 5:30 Puzzles 6:30 1:1 Connection	30 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 10:45 Walking Program 1:45 Floor Hockey 3:15 1:1 Sit to Stand & Garden Walks 5:30 Puzzles 6:30 1:1 Connection



SLOW DOWN SUMMER, YOU'RE GIVING AUGUST ALREADY

