





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Come & join us each morning for The Laundry Circle Program (Folding towels)	1 9:45 Exercise 10:45 Walking program 11:45 Room visits 1:45 Christmas Carols with Sal and Pancho 3:15 1:1 Sit to Stand 	2 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 2:00 Residents Council Meeting 3:15 1:1 Sit to Stand & Garden Walks	3 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:30 Art from the Heart 1:45 Magic in Words 3:15 1:1 Sit to Stand 5:30 Fly Ball 6:30 1:1 Connection	4 9:45 Exercise 11:00 Catholic Mass 1:30 Nail & Hand Care 1:45 Bingo 3:15 1:1 Sit to Stand & Garden Walks 5:30 Busy Hands 6:30 1:1 Connection	5 Santa's Hut Day 9:45 Exercise 10:45 Walking Program 1:45 Christmas Tree Trimming and Mr.&Mrs. Santa Clause visit- Music by Lory in the background 5:30 Puzzles 6:30 1:1 Connection	6 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Christmas Carols with Midtown Church Choir 3:15 1:1 Sit to Stand & Garden Walks
7 9:45 Exercise 11:00 Polish Mass on Tv 11:00 Walking Program 1:45 Spiritual Connections 3:15 1:1 Sit to Stand & Garden Walks	8 9:45 Exercise 10:45 Walking program 11:45 Room visits 1:45 Christmas Carols with Luke (piano music) 3:15 1:1 Sit to Stand & Garden Walks	9 9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:45 Christmas Sugar Cookies Baking Program 3:15 1:1 Sit to Stand & Garden Walks 5:30 Fly Ball 6:30 1:1 Connection	10 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:30 Nail & Hand Care 1:45 Magic in Words 3:15 1:1 Sit to Stand 5:30 Entertainment and Christmas Carols with the Timeliners Band	11 9:45 Exercise 11:00 Catholic Mass 1:30 Nail & Hand Care 1:45 Bingo 3:15 1:1 Sit to Stand & Garden Walks 5:30 Busy Hands 6:30 1:1 Connection	12 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Happy Hour 3:15 1:1 Sit to Stand & Garden Walks 	13 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Armchair Travel 3:15 1:1 Sit to Stand & Garden Walks
14 9:45 Exercise 11:00 Polish Mass on Tv 11:00 Walking Program 1:45 Christmas Caroling with Knights of Columbus 3:15 1:1 Sit to Stand & Garden Walks	15 9:45 Exercise 10:45 Walking Program 1:45 Entertainment by the Harmonics Group 3:15 Sit to Stand & Garden Walks	16 9:45 Exercise 10:45 Walking Program 1:45 December Birthdays Celebrations 3:15 1:1 Sit to Stand 5:30 Pizza Night 6:30 1:1 Connection	17 9:45 Exercise 10:45 Walking Program 1:45 Magic in Words 3:15 1:1 Sit to Stand & Garden Walks 5:30 Fly Ball 6:30 1:1 Connection	18 10:00 Christmas Mass (downstairs common area) 1:30 Nail & Hand Care 1:45 Bingo 3:15 1:1 Sit to Stand 5:30 Armchair Travel 6:30 1:1 Connection	19 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Andre Rieu Home for Christmas concert on TV 3:15 1:1 Sit to Stand & Garden Walks	20 9:45 Exercise 10:45 Walking Program 1:30 Art from The Art 1:45 Movie- Popcorn "Home Alone" 3:15 1:1 Sit to Stand & Garden Walks
21 9:45 Exercise 11:00 Polish Mass on Tv 11:00 Walking Program 1:45 Spiritual Connections 3:15 1:1 Sit to Stand & Garden Walks 	22 9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:45 Christmas Carols with Bobby Bacchus 3:15 Sit to Stand & Garden Walks	23 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Christmas Carols with Sheila's Daughters 3:15 1:1 Sit to Stand & Garden Walks 5:30 Puzzles 6:30 1:1 Connection	24 Christmas Eve 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Christmas Sing Along 3:15 1:1 Sit to Stand & Garden Walks 5:30 Armchair Travel 6:30 1:1 Connection	25 Christmas Day 9:45 Exercise 11:00 Catholic Mass 1:45 Christmas Social Gathering & opening Christmas presents 3:15 1:1 Sit to Stand 5:30 Busy Hands 6:30 1:1 Connection	26 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Christmas Reminiscing and Hot Chocolate 3:15 1:1 Sit to Stand & Garden Walks	27 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Christmas Karaoke 3:15 1:1 Sit to Stand & Garden Walks
28 9:45 Exercise 11:00 Polish Mass on Tv 11:00 Walking Program 1:30 Christmas Caroling with polish Choir - Patria 3:15 1:1 Sit to Stand & Garden Walks	29 9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:45 Christmas Carols on Accordion by Koro 3:15 1:1 Sit to Stand & Garden Walks	30 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Reading Club 3:15 1:1 Sit to Stand & Garden Walks	31 Cheers to the New Year 9:45 Exercise 10:45 Walking Program 1:45 New Year's Happy Hour Celebration 3:15 1:1 Sit to Stand 5:30 Fun Brain Games 6:30 1:1 Connection			



Merry Christmas! It's the Most Wonderful Time of the Year!

