

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 9:45 Exercise 11:00 Polish Mass on Tv 11:00 Walking Program 1:45 Spiritual Connections 3:15 1:1 Sit to Stand & Garden Walks 	2 9:45 Exercise 10:45 Walking program 11:45 Room visits 1:45 Entertainment by Koro 3:15 1:1 Sit to Stand & Garden Walks	3 9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:45 Valentine's Day Art from the Heart 3:15 1:1 Sit to Stand & Garden Walks	4 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Magic in Words 3:15 1:1 Sit to Stand 5:30 Busy Hands 6:30 1:1 Connection	5 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:30 Nail & Hand Care 1:45 Bingo 3:15 1:1 Sit to Stand & Garden Walks 5:30 Fly Ball 6:30 1:1 Connection	6 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Happy Hour 3:15 1:1 Sit to Stand & Garden Walks 5:30 Reading Club 6:30 1:1 Connection	7 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Active Games - Let's Play Some Hockey 3:15 1:1 Sit to Stand 5:30 Puzzles 6:30 1:1 Connection
8 9:45 Exercise 11:00 Polish Mass on Tv 11:00 Walking Program 1:45 Spiritual Connections 3:15 1:1 Sit to Stand & Garden Walks	9 9:45 Exercise 10:45 Walking program 11:45 Room visits 1:45 Entertainment by The Timeliners 3:15 1:1 Sit to Stand & Garden Walks	10 9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:45 Reminiscing Program "Who has been your greatest Love in your life" 3:15 1:1 Sit to Stand & Garden Walks 	11 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Magic in Words 3:15 1:1 Sit to Stand & Garden Walks 	12 <b>FAT THURSDAY</b> 9:45 Exercise 11:00 Catholic Mass 1:30 Nail & Hand Care 1:45 Bingo 3:15 1:1 Sit to Stand 5:30 Donuts Night 6:30 1:1 Connection	13 9:45 Exercise 10:45 Walking Program 1:45 February Birthday Celebrations 3:15 1:1 Sit to Stand & Garden Walks 5:30 Puzzles 6:30 1:1 Connection	14 <b>VALENTINE'S DAY</b>  9:45 Exercise 10:45 Walking Program 1:45 Valentine's Social Tea 3:15 1:1 Sit to Stand & Garden Walks 5:30 Fun Brain Games 6:30 1:1 Connection
15 9:45 Exercise 11:00 Polish Mass on Tv 11:00 Walking Program 1:45 Polish Folk- Dance Performance by POLONEZ 3:15 1:1 Sit to Stand & Garden Walks 5:30 Busy Hands 6:30 1:1 Connection	16 <b>FAMILY DAY</b> 9:45 Exercise 10:45 Walking Program 1:45 Entertainment by Bobby Bacchus 3:15 Sit to Stand & Garden Walks	17 <b>CHINESE NEW YEAR</b> 9:45 Exercise 10:45 Walking Program 1:45 Men's Club 3:15 1:1 Sit to Stand & Garden Walks	18 <b>ASH WEDNESDAY</b> 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Magic in Words 3:15 1:1 Sit to Stand & Garden Walks	19 9:45 Exercise 11:00 Catholic Mass 1:30 Nail & Hand Care 1:45 Bingo 3:15 1:1 Sit to Stand & Garden Walks 5:30 Fun Brain Games 6:30 1:1 Connection	20 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Happy Hour 3:15 1:1 Sit to Stand & Garden Walks 5:30 Pizza Night 6:30 1:1 Connection	21 9:45 Exercise 10:45 Walking Program 1:30 Art from The Art 1:45 Armchair Travel – Thailand 3:15 1:1 Sit to Stand & Garden Walks 5:30 Busy Hands 6:30 1:1 Connection
22 9:45 Exercise 11:00 Polish Mass on Tv 11:00 Walking Program 1:45 Spiritual Connections 3:15 1:1 Sit to Stand & Garden Walks 5:30 Busy Hands 6:30 1:1 Connection	23 9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:45 Entertainment by Pancho and Sal 3:15 Sit to Stand & Garden Walks 	24 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Discussion Group 3:15 1:1 Sit to Stand & Garden Walks	25 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Magic in Words 3:15 1:1 Sit to Stand & Garden Walks	26 9:45 Exercise 11:00 Catholic Mass 1:30 Nail & Hand Care 1:45 Bingo 3:15 1:1 Sit to Stand 5:30 Puzzles 6:30 1:1 Connection	27 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Baking Program 3:15 1:1 Sit to Stand & Garden Walks 5:30 Fun Brian Games 6:30 1:1 Connection	28 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Armchair Travel – Denmark 3:15 1:1 Sit to Stand & Garden Walks 5:30 Busy Hands 6:30 1:1 Connection

# February The Month of Love

