





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p align="center">1</p> <p>9:45 Exercise 11:00 Polish Mass on Tv 11:00 Walking Program 1:45 Spiritual Connections 3:15 1:1 Sit to Stand &amp; Garden Walks</p> 	<p align="center">2</p> <p>9:45 Exercise 10:45 Walking program 11:45 Room visits 1:45 Entertainment by Koro 3:15 1:1 Sit to Stand &amp; Garden Walks</p>	<p align="center">3</p> <p>9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:45 Valentine's Day Art from the Heart 3:15 1:1 Sit to Stand &amp; Garden Walks</p>	<p align="center">4</p> <p>9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Magic in Words 3:15 1:1 Sit to Stand 5:30 Busy Hands 6:30 1:1 Connection</p>	<p align="center">5</p> <p>9:45 Exercise 10:45 Walking Program 1:30 Nail &amp; Hand Care 1:45 Bingo 3:15 1:1 Sit to Stand &amp; Garden Walks 5:30 Fly Ball 6:30 1:1 Connection</p>	<p align="center">6</p> <p>9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Happy Hour 3:15 1:1 Sit to Stand &amp; Garden Walks 5:30 Reading Club 6:30 1:1 Connection</p>	<p align="center">7</p> <p>9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Active Games - Let's Play Some Hockey 3:15 1:1 Sit to Stand 5:30 Puzzles 6:30 1:1 Connection</p>
<p align="center">8</p> <p>9:45 Exercise 11:00 Polish Mass on Tv 11:00 Walking Program 1:45 Spiritual Connections 3:15 1:1 Sit to Stand &amp; Garden Walks</p>	<p align="center">9</p> <p>9:45 Exercise 10:45 Walking program 11:45 Room visits 1:45 Entertainment by The Timeliners 3:15 1:1 Sit to Stand &amp; Garden Walks</p>	<p align="center">10</p> <p>9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:45 Reminiscing Program "Who has been your greatest Love in your life" 3:15 1:1 Sit to Stand &amp; Garden Walks</p>	<p align="center">11</p> <p>9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Magic in Words 3:15 1:1 Sit to Stand &amp; Garden Walks</p> 	<p align="center">12</p> <p><b>FAT THURSDAY</b> 9:45 Exercise 11:00 Catholic Mass 1:30 Nail &amp; Hand Care 1:45 Bingo 3:15 1:1 Sit to Stand 5:30 Donuts Night 6:30 1:1 Connection</p>	<p align="center">13</p> <p>9:45 Exercise 10:45 Walking Program 1:45 February Birthday Celebrations 3:15 1:1 Sit to Stand &amp; Garden Walks 5:30 Puzzles 6:30 1:1 Connection</p>	<p align="center">14</p> <p><b>VALENTINE'S DAY</b> 9:45 Exercise 10:45 Walking Program 1:45 Valentine's Social Tea 3:15 1:1 Sit to Stand &amp; Garden Walks 5:30 Fun Brain Games 6:30 1:1 Connection</p> 
<p align="center">15</p> <p>9:45 Exercise 11:00 Polish Mass on Tv 11:00 Walking Program 1:45 Polish Folk- Dance Performance by POLONEZ 3:15 1:1 Sit to Stand &amp; Garden Walks 5:30 Busy Hands 6:30 1:1 Connection</p>	<p align="center">16</p> <p><b>FAMILY DAY</b> 9:45 Exercise 10:45 Walking Program 1:45 Entertainment by Bobby Bacchus 3:15 Sit to Stand &amp; Garden Walks</p>	<p align="center">17</p> <p><b>CHINESE NEW YEAR</b> 9:45 Exercise 10:45 Walking Program 1:45 Men's Club 3:15 1:1 Sit to Stand &amp; Garden Walks</p>	<p align="center">18</p> <p><b>ASH WEDNESDAY</b> 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Magic in Words 3:15 1:1 Sit to Stand &amp; Garden Walks</p>	<p align="center">19</p> <p>9:45 Exercise 11:00 Catholic Mass 1:30 Nail &amp; Hand Care 1:45 Bingo 3:15 1:1 Sit to Stand &amp; Garden Walks 5:30 Fun Brain Games 6:30 1:1 Connection</p>	<p align="center">20</p> <p>9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Happy Hour 3:15 1:1 Sit to Stand &amp; Garden Walks 5:30 Pizza Night 6:30 1:1 Connection</p>	<p align="center">21</p> <p>9:45 Exercise 10:45 Walking Program 1:30 Art from The Art 1:45 Armchair Travel – Thailand 3:15 1:1 Sit to Stand &amp; Garden Walks 5:30 Busy Hands 6:30 1:1 Connection</p>
<p align="center">22</p> <p>9:45 Exercise 11:00 Polish Mass on Tv 11:00 Walking Program 1:45 Spiritual Connections 3:15 1:1 Sit to Stand &amp; Garden Walks 5:30 Busy Hands 6:30 1:1 Connection</p>	<p align="center">23</p> <p>9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:45 Entertainment by Pancho and Sal 3:15 Sit to Stand &amp; Garden Walks</p>	<p align="center">24</p> <p>9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Discussion Group 3:15 1:1 Sit to Stand &amp; Garden Walks</p> 	<p align="center">25</p> <p>9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Magic in Words 3:15 1:1 Sit to Stand &amp; Garden Walks</p>	<p align="center">26</p> <p>9:45 Exercise 11:00 Catholic Mass 1:30 Nail &amp; Hand Care 1:45 Bingo 3:15 1:1 Sit to Stand 5:30 Puzzles 6:30 1:1 Connection</p>	<p align="center">27</p> <p>9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Baking Program 3:15 1:1 Sit to Stand &amp; Garden Walks 5:30 Fun Brian Games 6:30 1:1 Connection</p>	<p align="center">28</p> <p>9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Armchair Travel – Denmark 3:15 1:1 Sit to Stand &amp; Garden Walks 5:30 Busy Hands 6:30 1:1 Connection</p>

# February The Month of Love

