

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <h1 style="color: orange; text-shadow: 2px 2px 4px black;">NOVEMBER</h1>					1 9:45 Exercise 11:00 Music Therapy 11:00 Walking Program 1:30 Happy Hour 2:00 Outdoor Walk 3:15 1:1 Sit to Stand & Garden Walks 5:30 Armchair Travel 6:30 1:1 Connection	2 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Floor Bowling 3:15 1:1 Sit to Stand & Garden Walks
3 Daylight Saving Ends 9:45 Exercise 11:00 Polish Mass on Tv 11:00 Walking Program 1:45 Bible Believers 3:15 1:1 Sit to Stand & Garden Walks	4 9:45 Exercise 10:45 Walking program 11:45 Room visits 1:45 Entertainment by The Lawless Firm Band 3:15 1:1 Sit to Stand & Garden Walks	5 9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:45 Reminiscing Program (Remembrance Day theme) 3:15 1:1 Sit to Stand & Garden Walks	6 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Magic in Words 2:00 Outdoor Walk 3:15 1:1 Sit to Stand & Garden Walks 5:30 Table Games 6:30 1:1 Connections	7 9:45 Exercise 11:00 Catholic Mass 1:45 Bingo 2:00 Nail & Hand Care 3:15 1:1 Sit to Stand & Garden Walks 5:30 Busy Hands 6:30 1:1 Connection	8 9:45 Exercise 11:00 Music Therapy 11:00 Walking Program 1:30 Baking Program 2:00 Room Visits 3:15 1:1 Sit to Stand & Garden Walks 5:30 Busy Hands 6:30 1:1 Connection	9 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Floor Hockey 2:00 Room Visits 3:15 1:1 Sit to Stand & Garden Walks 5:30 Busy Hands 6:30 1:1 Connection
10 9:45 Exercise 11:00 Polish Mass on Tv 11:00 Walking Program 1:45 Movie/ Popcorn "Blue Miracle" 3:15 1:1 Sit to Stand & Garden Walks	11 Remembrance Day 9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:45 Entertainment by Elvis Presley 3:15 Sit to Stand & Garden Walks	12 9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:45 Reading Club 3:15 1:1 Sit to Stand & Garden Walks	13 9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:45 Magic in Words 3:15 1:1 Sit to Stand & Garden Walks	14 9:45 Exercise 11:00 Catholic Mass 1:45 Bingo 2:00 Nail & Hand Care 3:15 1:1 Sit to Stand & Garden Walks 5:30 Fly Ball 6:30 1:1 Connection	15 9:45 Exercise 10:45 Walking Program 1:45 Happy Hour 2:00 Room Visits 3:15 1:1 Sit to Stand & Garden Walks 5:30 Armchair Travel 6:30 1:1 Connection	16 9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:45 Floor Bowling 3:15 1:1 Sit to Stand & Garden Walks 5:30 Table Games 6:30 1:1 Connections
17 9:45 Exercise 11:00 Polish Mass on Tv 11:00 Walking Program 1:45 Bible Believers 3:15 1:1 Sit to Stand & Garden Walks	18 9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:45 Entertainment by The Timeliners 3:15 1:1 Sit to Stand & Garden Walks	19 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Reminiscing Program 3:15 1:1 Sit to Stand & Garden Walks	20 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Magic in Words 3:15 1:1 Sit to Stand & Garden Walks	21 9:45 Exercise 11:00 Catholic Mass 1:45 Bingo 2:00 Nail & Hand Care 3:15 1:1 Sit to Stand & Garden Walks 5:30 Busy Hands 6:30 1:1 Connection	22 9:45 Exercise 10:45 Walking Program 1:45 Baking Program 2:00 Room Visits 3:15 1:1 Sit to Stand & Garden Walks 5:30 Busy Hands 6:30 1:1 Connection	23 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 10:45 Walking Program 1:45 Floor Hockey 3:15 1:1 Sit to Stand & Garden Walks 5:30 Table Games 6:30 1:1 Connections
24 9:45 Exercise 10:00 Walking Program 11:00 Polish Mass on Tv 1:45 Movie/ Popcorn "A Week Away" 3:15 1:1 Sit to Stand & Garden Walks	25 9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:45 Entertainment by Koro 3:15 1:1 Sit to Stand & Garden Walks	26 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Reading Club 2:00 Outdoor Walk 3:15 1:1 Sit to Stand & Garden Walks 5:30 Fun Brain Games 6:30 1:1 Connections	27 9:45 Exercise 10:45 Walking Program 1:45 Magic in Words 2:00 Crafts 3:15 1:1 Sit to Stand & Garden Walks 5:30 Table Games 6:30 1:1 Connections	28 9:45 Exercise 11:00 Catholic Mass 1:45 Bingo 2:00 Outdoor Walk 3:15 1:1 Sit to Stand & Garden Walks 5:30 Busy Hands 6:30 1:1 Connection	29 9:45 Exercise 10:45 Walking Program 1:45 Entertainment by Mike 2:00 Room Visits 3:15 1:1 Sit to Stand & Garden Walks 5:30 Busy Hands 6:30 1:1 Connection	30 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 10:45 Walking Program 1:45 Floor Hockey 3:15 1:1 Sit to Stand & Garden Walks 5:30 Table Games 6:30 1:1 Connections

\*\* DAILY CHRONICLES 2024 ARE PROVIDED EACH MORNING \*\* ACTIVITIES SUBJECT TO CHANGE

