

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30 9:45 Exercise 11:00 Polish Mass on Tv 11:00 Walking Program 1:45 Spiritual Connections 3:15 1:1 Sit to Stand & Garden Walks 	Come & join us each morning for The Laundry Circle Program (Folding towels)	NOVEMBER  WE REMEMBER			1 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Sing Along 3:15 1:1 Sit to Stand & Garden Walks 	
2 9:45 Exercise 11:00 Polish Mass on Tv 11:00 Walking Program 1:45 Spiritual Connections 3:15 1:1 Sit to Stand & Garden Walks	3 9:45 Exercise 10:45 Walking program 11:45 Room visits 1:45 Entertainment by Sal and Pancho 3:15 1:1 Sit to Stand & Garden Walks	4 9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:45 Men's Club 3:15 1:1 Sit to Stand & Garden Walks	5 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:30 Art from the Heart 1:45 Magic in Words 3:15 1:1 Sit to Stand 5:30 Fly Ball 6:30 1:1 Connection	6 9:45 Exercise 11:00 Catholic Mass 1:30 Nail & Hand Care 1:45 Bingo 3:15 1:1 Sit to Stand & Garden Walks 5:30 Busy Hands 6:30 1:1 Connection	7 9:45 Exercise 10:45 Walking Program 1:45 November Birthdays Celebrations 3:15 1:1 Sit to Stand & Garden Walks 5:30 Puzzles 6:30 1:1 Connection	8 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Social Tea 3:15 1:1 Sit to Stand & Garden Walks 5:30 Armchair Travel Cuba 6:30 1:1 Connection
9 9:45 Exercise 11:00 Polish Mass on Tv 11:00 Walking Program 1:45 Spiritual Connections 3:15 1:1 Sit to Stand & Garden Walks 	10 9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:45 Entertainment by Koro 3:15 Sit to Stand & Garden Walks	11 Remembrance Day 9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:45 Remembrance Day Reminiscing Program 3:15 1:1 Sit to Stand & Garden Walks	12 9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:45 Magic in Words 3:15 1:1 Sit to Stand & Garden Walks 	13 9:45 Exercise 11:00 Catholic Mass 1:30 Nail & Hand Care 1:45 Bingo 3:15 1:1 Sit to Stand 5:30 Fly Ball 6:30 1:1 Connection	14 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Entertainment by The Timeliners 3:15 1:1 Sit to Stand & Garden Walks 5:30 Trivia 6:30 1:1 Connection	15 9:45 Exercise 10:45 Walking Program 1:30 Art from The Art 1:45 Movie- Popcorn "Caramelo" 3:15 1:1 Sit to Stand & Garden Walks 5:30 Fly Ball 6:30 1:1 Connection
16 9:45 Exercise 11:00 Polish Mass on Tv 11:00 Walking Program 1:30 Fun Brain Games 1:45 Spiritual Connections 3:15 1:1 Sit to Stand & Garden Walks 5:30 Fly Ball 6:30 1:1 Connection	17 9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:45 Entertainment by The Harmonics Group 3:15 Sit to Stand & Garden Walks	18 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Reading Club 3:15 1:1 Sit to Stand & Garden Walks	19 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Magic in Words 3:15 1:1 Sit to Stand & Garden Walks	20 9:45 Exercise 11:00 Catholic Mass 1:30 Nail & Hand Care 1:45 Bingo 3:15 1:1 Sit to Stand & Garden Walks 5:30 Busy Hands 6:30 1:1 Connection	21 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Happy Hour 3:15 1:1 Sit to Stand & Garden Walks 5:30 Fun Brain Games 6:30 1:1 Connection	22 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Baking Program 3:15 1:1 Sit to Stand & Garden Walks 5:30 Fun Brain Games 6:30 1:1 Connection
23 9:45 Exercise 10:00 Walking Program 1:30 Fun Brain Games 1:45 Spiritual Connections 3:15 1:1 Sit to Stand & Garden Walks 5:30 Armchair Travel Peru 6:30 1:1 Connection	24 9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:45 Entertainment by Elvis Presley 3:15 1:1 Sit to Stand & Garden Walks	25 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Reading Club 3:15 1:1 Sit to Stand & Garden Walks 	26 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Magic in Words 3:15 1:1 Sit to Stand & Garden Walks	27 9:45 Exercise 11:00 Catholic Mass 1:30: Nail & Hand Care 1:45 Bingo 3:15 1:1 Sit to Stand & Garden Walks 5:30 Art from The Heart 6:30 1:1 Connection	28 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Painting Rocks Art 3:15 1:1 Sit to Stand & Garden Walks 5:30 Pizza Night 6:30 1:1 Connection	29 9:45 Exercise 10:45 Walking Program 0:45 Walking Program 1:45 Christmas Carols by Midtown Church Choir 3:15 1:1 Sit to Stand & Garden Walks 5:30 Fly Ball 6:30 1:1 Connection

Remembrance Day – Lest We Forget