





# NOVEMBER 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>LEST WE FORGET</b> 	<b>1</b> 9:45 Exercises. 10:45 Walk Program 11:45 Room visits <b>1:45 Bingo</b> 3:15 1:1 Sit to stand & Outdoor Walks 	<b>2</b> 9:45 Exercises 10:45 Walk Program 11:45 Room visits <b>1:45 Discussion Group</b> 3:15 1:1 Sit to stand & Outdoor Walks 5:00 Fly Ball 6:30 1:1 Connections	<b>3</b> 9:45 Exercises 10:45 Walk Program 11:45 Room visit 1:45 Karaoke <b>1:45 Magic in Words</b> 3:15 1:1 Sit to stand & Outdoor Walks 5:00 Fly Ball 6:30 1:1 Connections	<b>4</b> 9:45 Exercises 11:00 Holy Mass 11:45 Room visits <b>1:45 Beauty Time</b> 1:45 Art Therapy 3:15 1:1 Sit to stand & Outdoor Walks <b>5:00 Dance Workout</b> 6:30 1:1 Connections	<b>5</b> 9:45 Exercises 10:45 Walk Program 11:45 Room visits <b>1:30 Reading Club</b> 1:45 Fun Brain Games 3:15 1:1 Sit to stand & Outdoor Walks 5:00 Fly Ball 6:30 1:1 Connections	<b>6</b> 9:45 Exercises 10:45 Walk Program 11:45 Room visits <b>1:45 Happy Hour</b> 3:15 1:1 Sit to stand & Outdoor Walks 5:00 Fly Ball 6:30 1:1 Connections
<b>7</b> 9:45 Exercises 11:00 Holy Mass <b>1:45 Bible Study</b> 3:15 1:1 Sit to stand & Outdoor Walks	<b>8</b> 9:45 Exercises. 10:45 Walk Program 11:45 Room visits <b>1:45 Bingo</b> 3:15 1:1 Sit to stand & Outdoor Walks	<b>9</b> 9:45 Exercises 10:45 Walk Program 11:45 Room visits <b>1:45 Discussion Group</b> 3:15 1:1 Sit to stand & Outdoor Walks 5:00 Fly Ball 6:30 1:1 Connections	<b>10</b> 9:45 Exercises 10:45 Walk Program 11:45 Room visit 1:45 Karaoke <b>1:45 Magic in Words</b> 3:15 1:1 Sit to stand & Outdoor Walks 5:00 Fly Ball 6:30 1:1 Connections	<b>11</b> 9:45 Exercises 11:00 Holy Mass <b>1:45 Remembrance Day Reminiscing</b> 1:45 Art Therapy 3:15 1:1 Sit to stand & Outdoor Walks <b>5:00 Dance Workout</b> 6:30 1:1 Connections	<b>12</b> 9:45 Exercises. 10:45 Walk Program 11:45 Room visits <b>1:30 Reading Club</b> 1:45 Fun Brain Games 3:15 1:1 Sit to stand & Outdoor Walks 5:00 Fly Ball 6:30 1:1 Connections	<b>13</b> 9:45 Exercises 10:45 Walk Program 11:45 Room visits <b>1:45 Happy Hour</b> 3:15 1:1 Sit to stand & Outdoor Walks 5:00 Fly Ball 6:30 1:1 Connections
<b>14</b> 9:45 Exercises 11:00 Holy Mass 11:45 Room visits <b>1:45 Bible Study</b> 3:15 1:1 Sit to stand & Outdoor Walks	<b>15</b> 9:45 Exercises 10:45 Walk Program 11:45 Room visits <b>1:45 Bingo</b> 3:15 1:1 Sit to stand & Outdoor Walks	<b>16</b> 9:45 Exercises 10:45 Walk Program 11:45 Room visits <b>1:45 Discussion Group</b> 3:15 1:1 Sit to stand & Outdoor Walks 	<b>17</b> 9:45 Exercises 10:45 Walk Program 11:45 Room visits <b>1:45 Magic in Words</b> 3:15 1:1 Sit to stand & Outdoor Walks 5:00 Fly Ball 6:30 1:1 Connections	<b>18</b> 9:45 Exercises 11:00 Holy Mass 11:45 Room visits <b>1:45 Beauty Time</b> 1:45 Art therapy 3:15 1:1 Sit to stand & Outdoor Walks <b>5:00 Dance Workout</b> 6:30 1:1 Connections	<b>19</b> 9:45 Exercises 10:45 Walk Program 11:45 Room visits <b>1:30 Reading Club</b> 1:45 Fun Brain Games 3:15 1:1 Sit to stand & Outdoor Walks 5:00 Fly Ball 6:30 1:1 Connection	<b>20</b> 9:45 Exercises 10:45 Walk Program 11:45 Room visits <b>1:30 Happy Hour</b> 3:15 1:1 Sit to stand & Outdoor Walks 5:00 Fly Ball 6:30 1:1 Connections
<b>21</b> 9:45 Exercises 11:00 Holy Mass 11:45 Room visits <b>1:45 Bible Study</b> 3:15 1:1 Sit to stand & Outdoor Walks 5:00 Fly Ball 6:30 1:1 Connections	<b>22</b> 9:45 Exercises 10:45 Walk Program 11:45 Room visits <b>1:45 Bingo</b> 3:15 1:1 Sit to stand & Outdoor Walks 5:00 Fly Ball 6:30 1:1 Connections	<b>23</b> 9:45 Exercises 10:45 Walk Program 11:45 Room visits <b>1:45 Discussion Group</b> 3:15 1:1 Sit to stand & Outdoor Walks	<b>24</b> 9:45 Exercises 10:45 Walk Program <b>1:45 Magic in Words</b> 1:45 Karaoke 3:15 1:1 Sit to stand & Outdoor Walks	<b>25</b> 9:45 Exercises 11:00 Holy Mass <b>1:45 Beauty Time</b> 1:45 Art Therapy 3:15 1:1 Sit to stand & Outdoor Walks <b>5:00 Dance Workout</b> 6:30 1:1 Connections	<b>26</b> 9:45 Exercises 10:45 Walk Program 11:45 Room visits <b>1:30 Reading Club</b> 1:45 Fun Brain Games 3:15 1:1 Sit to stand & Outdoor Walks 5:00 Fly Ball	<b>27</b> 9:45 Exercises 10:45 Walk Program 11:45 Room visits <b>1:30 Happy Hour</b> 3:15 1:1 Sit to stand & Outdoor Walks <b>5:00 Dance Workout</b> 6:30 1:1 Connections
<b>28</b> 9:45 Exercises 11:00 Holy Mass 11:45 Room visits <b>1:45 Bible Study</b> 3:15 1:1 Sit to Stand & Outdoor Walks 5:30 Fly Ball 6:30 1:1 Connections	<b>29</b> 9:45 Exercises 10:45 Walk Program 11:45 Room visits <b>1:45 Bingo</b> 3:15 1:1 Sit to stand Outdoor Walks <b>5:00 Dance Workout</b> 6:30 1:1 Connections	<b>30</b> 9:00 Exercises 10:45 Walk Program 11:45 Room visits <b>1:45 Discussion Group</b> 3:15 1:1 Sit to Stand & Outdoor Walks				

\*\* DAILY CHRONICLES ARE PROVIDED DAILY

\*\* ACTIVITY CALENDAR IS SUBJECT TO CHANGE