

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30 9:45 Exercises 11:00 Polish Church Livestream Mass 11:45 Room visits 1:45 Sing Along 3:15 1:1 Sit to Stand & Outdoor Walks	31 9:45 Exercises 10:45 Walking Program 11:45 Room visits 1:45 Halloween Dress Up Party with Entertainment by Koro 3:15 1:1 Sit to Stand Outdoor Walks					1 9:45 Exercises 11:00 Catholic Mass on Tv 11:45 Room visits 1:45 Happy Hour 3:15 1:1 Sit to Stand & Outdoor Walks 5:00 Fly Ball 6:30 1:1 Connection
2 9:45 Exercises 11:00 Polish Church Livestream Mass 11:45 Room visits 1:45 Baking 3:00 Catholic Mass in the Chapel	3 9:45 Exercises. 10:45 Walking Program 11:45 Room visits 1:45 Bingo 3:15 1:1 Sit to Stand & Outdoor Walks	4 9:45 Exercises 10:45 Walking Program 11:45 Room visits 1:30 Nail & Hand Care 1:45 Reminiscing Program (going to pumpkin patch) 3:15 1:1 Sit to Stand & Outdoor Walks	5 9:45 Exercises 10:45 Walking Program 11:45 Room visit 1:45 Magic in Words 3:15 1:1 Sit to Stand & Outdoor Walks 5:00 Fly Ball 6:30 1:1 Connection	6 9:45 Exercises 11:00 Catholic Mass 1:45 Nail & Hand Care 1:45 Art Therapy 3:15 1:1 Sit to Stand & Outdoor Walks 5:00 Fly Ball 6:30 1:1 Connection	7 9:45 Exercises. 10:45 Walking Program 11:45 Room visits 1:45 Fun Brain Games 3:15 1:1 Sit to Stand & Outdoor Walks	8 9:45 Exercises 11:00 Catholic Mass on Tv 11:45 Room visits 1:45 Happy Hour 3:15 1:1 Sit to Stand & Outdoor Walks
9 9:45 Exercises 11:00 Polish Church Livestream Mass 11:45 Room visits 1:45 Bible Believers 3:15 1:1 Sit to Stand & Outdoor Walks	10 THANKSGIVING 9:45 Exercises 10:45 Walking Program 11:45 Room visits 1:45 Entertainment by Ed 3:15 Outdoor Walks 	11 9:45 Exercises 10:45 Walking Program 11:45 Room visits 1:30 Fun Brain Games 1:45 Discussion Group 3:15 1:1 Sit to stand & Outdoor Walks	12 9:45 Exercises 10:45 Walking Program 11:45 Room visits 1:30 Karaoke 1:45 Magic in Words 3:15 1:1 Sit to Stand & Outdoor Walks	13 9:45 Exercises 11:00 Catholic Mass 11:45 Room visits 1:45 Art Therapy 3:15 1:1 Sit to Stand & Outdoor Walks 5:00 Fly Ball 6:30 1:1 Connection	14 9:45 Exercises 10:45 Walking Program 1:30 Reading Club 1:45 Fun Brain Games 3:15 1:1 Sit to Stand & Outdoor Walks 5:00 Fly Ball 6:30 1:1 Connection	15 9:45 Exercises 11:00 Catholic Mass on Tv 11:45 Room visits 1:45 Movie time – The Addams Family 3:15 1:1 Sit to Stand & Outdoor Walks 5:00 Fly Ball 6:30 1:1 Connection
16 9:45 Exercises 11:00 Polish Church Livestream Mass 11:45 Room visits 1:45 Baking - Peanut Butter Spider Cookies 3:15 1:1 Sit to Stand & Outdoor Walks	17 9:45 Exercises 10:45 Walking Program 11:45 Room visits 1:45 Entertainment by Slava 3:15 1:1 Sit to Stand & Outdoor Walks	18 9:45 Exercises 10:45 Walking Program 11:45 Room visits 1:30 Nail & Hand Care 1:45 Crafts - Pumpkin Carving / Painting 3:15 1:1 Sit to Stand & Outdoor Walks	19 9:45 Exercises 10:45 Walking Program 1:45 Magic in Words 1:45 Karaoke 3:15 1:1 Sit to Stand & Outdoor Walks 5:00 Fly Ball 6:30 1:1 Connection	20 9:45 Exercises 11:00 Catholic Mass 1:45 Nail & Hand Care 1:45 Crafts – Ghost Milk Jug Lanterns 3:15 1:1 Sit to Stand & Outdoor Walks 5:00 Fly Ball 6:30 1:1 Connection	21 9:45 Exercises 10:45 Walking Program 11:45 Room visits 1:30 Reading Club 3:15 1:1 Sit to Stand & Outdoor Walks 5:00 Fly Ball 6:30 1:1 Connection	22 9:45 Exercises 11:00 Catholic Mass on Tv 1:45 Walking program 1:45 Octoberfest Happy Hour (with root beer) 3:15 1:1 Sit to Stand & Outdoor Walk
23 9:45 Exercises 11:00 Polish Church Livestream Mass 11:45 Room visits 1:45 Sing Along 3:15 1:1 Sit to Stand & Outdoor Walks	24 9:45 Exercises 10:45 Walking Program 11:45 Room visits 1:45 Halloween Bingo (with candy prizes) 3:15 1:1 Sit to Stand Outdoor Walks	25 9:45 Exercises 10:45 Walking Program 11:45 Room visits 1:45 Discussion Group 3:15 1:1 Sit to Stand & Outdoor Walks 5:00 Fly Ball 6:30 1:1 Connection	26 9:45 Exercises 10:45 Walking Program 1:45 Magic in Words 1:45 Karaoke 3:15 1:1 Sit to Stand & Outdoor Walks 5:00 Fly Ball 6:30 1:1 Connection	27 9:45 Exercises 11:00 Catholic Mass 1:45 Nail & Hand Care 1:45 Art Therapy 3:15 1:1 Sit to Stand & Outdoor Walks 5:00 Fly Ball 6:30 1:1 Connection	28 9:45 Exercises 10:45 Walking Program 11:45 Room visits 1:30 Reading Club 1:45 Crafts: Halloween Mask making 3:15 1:1 Sit to Stand & Outdoor Walks	29 9:45 Exercises 11:00 Catholic Mass on Tv 11:45 Room visits 1:45 Spooky Social Tea 3:15 1:1 Sit to Stand & Outdoor Walks 5:00 Fly Ball 6:30 1:1 Connection

**** DAILY CHRONICLES 2022 ARE PROVIDED EACH MORNING ** CALENDAR IS SUBJECT TO CHANGE**



~ **October is a Symphony of colours** ~

