

| SUNDAY                                                                                                                                                                                                                                   | MONDAY                                                                                                                                                                  | TUESDAY                                                                                                                                                                                                                                                                  | WEDNESDAY                                                                                                                                                                                                          | THURSDAY                                                                                                                                                                   | FRIDAY                                                                                                                                                                                | SATURDAY                                                                                                                                                                                                                                            |
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|                                                                                                                                                         |                                                                                                                                                                         |                                                                                                                                                                                                                                                                          | <b>1</b><br>9:45 Exercise<br>10:45 Walking Program<br>11:45 Room Visits<br>1:30 Outdoor Walks<br>1:45 Magic in Words<br>3:15 1:1 Sit to Stand & Garden Walks<br>5:30 Puzzles<br>6:30 1:1 Connection                | <b>2</b><br>9:45 Exercise<br>11:00 Catholic Mass<br>1:30 Nail & Hand Care<br>1:45 Bingo<br>3:15 1:1 Sit to Stand & Garden Walks<br>5:30 Fly Ball<br>6:30 1:1 Connection    | <b>3</b><br>9:45 Exercise<br>10:45 Walking Program<br>11:00 Room Visits<br>1:45 Happy Hour<br>3:15 1:1 Sit to Stand & Garden Walks<br>5:30 Pizza Night<br>6:30 1:1 Connection         | <b>4</b><br>9:45 Exercise<br>10:45 Walking Program<br>11:45 Room Visits<br>1:45 Sing Along<br>3:15 1:1 Sit to Stand & Garden Walks<br>5:30 Art from the Heart<br>6:30 1:1 Connection                                                                |
| <b>5</b><br>9:45 Exercise<br>11:00 Polish Mass on Tv<br>11:00 Walking Program<br>1:45 Spiritual Connections<br>3:15 1:1 Sit to Stand & Garden Walks<br> | <b>6</b><br>9:45 Exercise<br>10:45 Walking program<br>11:45 Room visits<br>1:45 Entertainment by Sal and Pancho<br>3:15 1:1 Sit to Stand & Garden Walks                 | <b>7</b><br>9:45 Exercise<br>10:45 Walking Program<br>11:45 Room visits<br>1:45 Reading Club<br>3:15 1:1 Sit to Stand & Garden Walks                                                                                                                                     | <b>8</b><br>9:45 Exercise<br>10:45 Walking Program<br>11:45 Room Visits<br>1:45 Magic in Words<br>3:15 1:1 Sit to Stand<br>     | <b>9</b><br>9:45 Exercise<br>11:00 Catholic Mass<br>1:30 Nail & Hand Care<br>1:45 Bingo<br>3:15 1:1 Sit to Stand & Garden Walks<br>5:30 Busy Hands<br>6:30 1:1 Connection  | <b>10</b><br>9:45 Exercise<br>10:45 Walking Program<br>11:00 Room Visits<br>1:45 Happy Hour<br>3:15 1:1 Sit to Stand & Garden Walks<br>5:30 Puzzles<br>6:30 1:1 Connection            | <b>11</b><br>9:45 Exercise<br>10:45 Walking Program<br>11:45 Room Visits<br>1:45 Thanksgiving Social Tea<br>3:15 1:1 Sit to Stand & Garden Walks<br>5:30 Reminiscing Program<br>6:30 1:1 Connection                                                 |
| <b>12</b><br>9:45 Exercise<br>11:00 Polish Mass on Tv<br>11:00 Walking Program<br>1:45 Armchair Traveling – to Greece<br>3:15 1:1 Sit to Stand & Garden Walks                                                                            | <b>13</b><br>Thanksgiving Day<br>9:45 Exercise<br>10:45 Walking Program<br>11:45 Room visits<br>1:45 Entertainment by The Harmonics<br>3:15 Sit to Stand & Garden Walks | <b>14</b><br>9:45 Exercise<br>10:45 Walking Program<br>11:45 Room visits<br>1:45 Crafts<br>3:15 1:1 Sit to Stand & Garden Walks                                                                                                                                          | <b>15</b><br>9:45 Exercise<br>10:45 Walking Program<br>11:45 Room visits<br>1:30 Companion Walks<br>1:45 Magic in Words<br>3:15 1:1 Sit to Stand & Garden Walks<br>5:30 Reminiscing Program<br>6:30 1:1 Connection | <b>16</b><br>9:45 Exercise<br>11:00 Catholic Mass<br>1:30 Nail & Hand Care<br>1:45 Bingo<br>3:15 1:1 Sit to Stand<br>5:30 Fly Ball<br>6:30 1:1 Connection                  | <b>17</b><br>9:45 Exercise<br>10:45 Walking Program<br>11:45 Room Visits<br>1:45 Octoberfest Happy Hour<br>3:15 1:1 Sit to Stand & Garden Walks<br>5:30 Trivia<br>6:30 1:1 Connection | <b>18</b><br>9:45 Exercise<br>10:45 Walking Program<br>11:45 Room Visits<br>1:45 Movie- Popcorn "Driving Miss Daisy"<br>3:15 1:1 Sit to Stand & Garden Walks<br> |
| <b>19</b><br>9:45 Exercise<br>11:00 Polish Mass on Tv<br>11:00 Walking Program<br>1:45 Spiritual Connections<br>3:15 1:1 Sit to Stand & Garden Walks                                                                                     | <b>20</b><br>9:45 Exercise<br>10:45 Walking Program<br>11:45 Room visits<br>1:45 Entertainment by The Timeliners<br>3:15 Sit to Stand & Garden Walks                    | <b>21</b><br>9:45 Exercise<br>10:45 Walking Program<br>11:45 Room Visits<br>1:45 Balloon Tennis<br>3:15 1:1 Sit to Stand & Garden Walks<br>5:30 Busy Hands<br>6:30 1:1 Connection<br> | <b>22</b><br>9:45 Exercise<br>10:45 Walking Program<br>11:45 Room Visits<br>1:30 Outdoor Walks<br>1:45 Magic in Words<br>3:15 1:1 Sit to Stand & Garden Walks<br>5:30 Fly Ball<br>6:30 1:1 Connection              | <b>23</b><br>9:45 Exercise<br>11:00 Catholic Mass<br>1:30 Nail & Hand Care<br>1:45 Bingo<br>3:15 1:1 Sit to Stand & Garden Walks<br>5:30 Busy Hands<br>6:30 1:1 Connection | <b>24</b><br>9:45 Exercise<br>10:45 Walking Program<br>11:45 Room Visits<br>1:45 Pumpkin Carving<br>3:15 1:1 Sit to Stand & Garden Walks<br>5:30 Fly Ball<br>6:30 1:1 Connection      | <b>25</b><br>9:45 Exercise<br>10:45 Walking Program<br>11:45 Room Visits<br>10:45 Walking Program<br>1:45 Art from The Heart<br>3:15 1:1 Sit to Stand & Garden Walks                                                                                |
| <b>26</b><br>9:45 Exercise<br>10:00 Walking Program<br>1:45 Armchair Traveling - to Italy<br>3:15 1:1 Sit to Stand & Garden Walks<br>                 | <b>27</b><br>9:45 Exercise<br>10:45 Walking Program<br>11:45 Room visits<br>1:45 Entertainment by Toka<br>3:15 1:1 Sit to Stand & Garden Walks                          | <b>28</b><br>9:45 Exercise<br>10:45 Walking Program<br>11:45 Room Visits<br>1:45 Reading Club<br>3:15 1:1 Sit to Stand & Garden Walks<br>5:30 Fly Ball<br>6:30 1:1 Connection                                                                                            | <b>29</b><br>9:45 Exercise<br>10:45 Walking Program<br>11:45 Room Visits<br>1:30 Companion Walks<br>1:45 Magic in Words<br>3:15 1:1 Sit to Stand & Garden Walks<br>5:30 Trivia<br>6:30 1:1 Connection              | <b>30</b><br>9:45 Exercise<br>11:00 Catholic Mass<br>1:30 Nail & Hand Care<br>1:45 Bingo<br>3:15 1:1 Sit to Stand & Garden Walks<br>5:30 Fly Ball<br>6:30 1:1 Connection   | <b>31</b><br>Halloween<br>9:45 Exercise<br>10:45 Walking Program<br>1:45 Magic Show - "Magic Went Wrong"<br>2:30 Halloween Costume Contest<br>5:30 Pizza Night<br>6:30 1:1 Connection |                                                                                                                                                                |