

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
					9:45 Exercise 11:00 Music Therapy 11:00 Walking Program 1:30 Outdoor Walks 1:45 Social Tea 3:15 1:1 Sit to Stand & Garden Walks 5:30 Art Therapy 6:30 1:1 Connection	9:45 Exercise 11:00 Catholic Mass on Tv 11:45 Room visits 1:45 Happy Hour 3:15 1:1 Sit to Stand & Garden Walks 5:30 Busy Hands 6:30 1:1 Connection
3	4 Labour Day	5	6	7	8	9
9:45 Exercise 11:00 Polish Church Livestream Mass 11:00 Walking Program 1:45 Movie/Popcorn "Judy" 3:15 1:1 Sit to Stand & Garden Walks	9:45 Exercise 11:45 Walking program 11:45 Room visits 1:45 Bingo 3:15 1:1 Sit to Stand & Garden Walks	9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:45 Entertainment by Koro 3:15 1:1 Sit to Stand & Garden Walks	9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:30 Magic in Words 1:45 Balloon Tennis 3:15 1:1 Sit to Stand & Garden Walks 5:30 Pizza Night 6:30 1:1 Connection	9:45 Exercise 11:00 Catholic Mass 1:30 Nail & Hand Care 1:45 Bingo 3:15 1:1 Sit to Stand & Garden Walks 5:30 Fly Ball 6:30 1:1 Connection	9:45 Exercise 11:00 Music Therapy 11:00 Walking Program 1:30 Reminiscing Program 1:45 Karaoke 3:15 1:1 Sit to Stand & Garden Walks 5:30 Crafts 6:30 1:1 Connection	9:45 Exercise 11:00 Catholic Mass on Tv 11:45 Room visits 1:45 Social Tea 3:15 1:1 Sit to Stand & Garden Walks
10	11	12	13	14	15	16
9:45 Exercise 11:00 Polish Church Livestream Mass 11:00 Walking Program 11:45 Room visits 1:45 Bible Believers 3:15 1:1 Sit to Stand & Garden Walks	9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:45 Entertainment by Lawless Firm Band 3:15 Sit to Stand & Garden Walks	9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:45 Reading Club 3:15 1:1 Sit to Stand & Garden Walks 5:30 Fly Ball 6:30 1:1 Connection	9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:30 Magic in Words 3:15 1:1 Sit to Stand & Garden Walks 5:30 Pizza Night 6:30 1:1 Connection	9:45 Exercise 11:00 Catholic Mass 1:30 Nail & Hand Care 1:45 Bingo 3:15 1:1 Sit to Stand & Garden Walks 5:30 Busy Hands 6:30 1:1 Connection	9:45 Exercise 11:00 Music Therapy 11:00 Walking Program 1:30 Outdoor Walks 1:45 Entertainment by Slava 3:15 1:1 Sit to Stand & Garden Walks	9:45 Exercise 11:00 Catholic Mass on Tv 11:45 Room visits 1:45 Happy Hour 3:15 1:1 Sit to Stand & Garden Walks
17	18	19	20	21	22	23
9:45 Exercise 11:00 Polish Church Livestream Mass 1:45 Bible Believers 3:15 1:1 Sit to Stand & Garden Walks	9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:45 Entertainment by Timeliners 3:15 1:1 Sit to Stand & Garden Walks	9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Discussion Group 3:15 1:1 Sit to Stand & Garden Walks 5:30 Fly Ball 6:30 1:1 Connection	9:45 Exercise 10:45 Walking Program 1:30 Magic in Words 1:45 Balloon Tennis 3:15 1:1 Sit to Stand & Garden Walks 5:30 Pizza Night 6:30 1:1 Connection	9:45 Exercise 11:00 Catholic Mass 1:45 Nail & Hand Care 1:45 Bingo 3:15 1:1 Sit to Stand & Garden Walks 5:30 Fly Ball 6:30 1:1 Connection	9:45 Exercise 11:00 Music Therapy 11:00 Walking Program 1:30 Reminiscing Program 1:45 Karaoke 3:15 1:1 Sit to Stand & Garden Walks	First Day of Autumn 9:45 Exercise 11:00 Catholic Mass on Tv 11:45 Room visits 1:45 Social Tea 3:15 1:1 Sit to Stand & Garden Walks
24	25	26	27	28	29	30
9:45 Exercise 11:00 Polish Church Livestream Mass 1:45 Movie/ Popcorn "Ticket to Paradise" 3:15 1:1 Sit to Stand & Garden Walks	9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:45 Entertainment by Mike 3:15 1:1 Sit to Stand & Garden Walks	9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:45 Reading Club 3:15 1:1 Sit to Stand & Garden Walks 5:30 Fly Ball 6:30 1:1 Connection	9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:30 Magic in Words 3:15 1:1 Sit to Stand & Garden Walks 5:30 Pizza Night 6:30 1:1 Connection	9:45 Exercise 11:00 Catholic Mass 1:45 Nail & Hand Care 1:45 Bingo 3:15 1:1 Sit to Stand & Garden Walks 5:30 Busy Hands 6:30 1:1 Connection	9:45 Exercise 11:00 Music Therapy 11:00 Walking Program 1:30 Outdoor Walks 1:45 Entertainment by Lory 3:15 1:1 Sit to Stand & Garden Walks	9:45 Exercise 11:00 Catholic Mass on TV 11:45 Room visits 1:45 Happy Hour 3:15 1:1 Sit to Stand & Garden Walks

** DAILY CHRONICLES 2023 ARE PROVIDED EACH MORNING ** CALENDAR IS SUBJECT TO CHANGE

~ “September Tries its Best to Have us Forget Summer” ~