

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Labour Day 9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:45 Entertainment by Slava 3:15 Sit to Stand & Garden Walks	2 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Reading Club 3:15 1:1 Sit to Stand & Garden Walks 	3 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:30 Outdoor Walks 1:45 Magic in Words 3:15 1:1 Sit to Stand & Garden Walks 5:30 Art from the Heart 6:30 1:1 Connection	4 9:45 Exercise 11:00 Catholic Mass 1:30 Nail & Hand Care 1:45 Bingo 3:15 1:1 Sit to Stand & Garden Walks 5:30 Fly Ball 6:30 1:1 Connection	5 9:45 Exercise 10:45 Walking Program 11:00 Room Visits 1:30 Outdoor Walks 1:45 Happy Hour 3:15 1:1 Sit to Stand & Garden Walks 5:30 Pizza Night 6:30 1:1 Connection	6 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Balloon Volleyball 3:15 1:1 Sit to Stand & Garden Walks 
7 9:45 Exercise 11:00 Polish Mass on Tv 11:00 Walking Program 1:45 Spiritual Connections 3:15 1:1 Sit to Stand & Garden Walks 	8 9:45 Exercise 10:45 Walking program 11:45 Room visits 1:45 Entertainment by Bobby Bacchus 3:15 1:1 Sit to Stand & Garden Walks	9 9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:30 Table Games 1:45 Crafts 3:15 1:1 Sit to Stand & Garden Walks 5:30 Armchair Travel 6:30 1:1 Connection	10 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:30 Outdoor Walks 1:45 Magic in Words 3:15 1:1 Sit to Stand 5:30 Trivia 6:30 1:1 Connection	11 9:45 Exercise 11:00 Catholic Mass 1:30 Nail & Hand Care 1:45 Bingo 3:15 1:1 Sit to Stand & Garden Walks 5:30 Busy Hands 6:30 1:1 Connection	12 9:45 Exercise 10:45 Walking Program 11:00 Room Visits 1:45 Happy Hour 3:15 1:1 Sit to Stand & Garden Walks	13 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Floor Bowling 3:15 1:1 Sit to Stand & Garden Walks
14 9:45 Exercise 11:00 Polish Mass on Tv 11:00 Walking Program 1:45 Movie/ Popcorn "Diana" 3:15 1:1 Sit to Stand & Garden Walks	15 9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:45 Entertainment by The Timeliners 3:15 Sit to Stand & Garden Walks	16 9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:30 Table Games 1:45 Reading Club 3:15 1:1 Sit to Stand & Garden Walks 5:30 Room Visits 6:30 1:1 Connection	17 9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:30 Outdoor Walks 1:45 Magic in Words 3:15 1:1 Sit to Stand & Garden Walks 5:30 Art from the Heart 6:30 1:1 Connection	18 9:45 Exercise 11:00 Catholic Mass 1:30 Nail & Hand Care 1:45 Bingo 3:15 1:1 Sit to Stand 5:30 Fly Ball 6:30 1:1 Connection	19 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Happy Hour 3:15 1:1 Sit to Stand & Garden Walks 	20 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Balloon Volleyball 3:15 1:1 Sit to Stand & Garden Walks
21 9:45 Exercise 11:00 Polish Mass on Tv 11:00 Walking Program 1:30 Outdoor Walks 1:45 Spiritual Connections 3:15 1:1 Sit to Stand & Garden Walks 	22 Fall Equinox 9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:45 Entertainment by The Violin/Piano Duo 3:15 Sit to Stand & Garden Walks	23 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:30 Table Games 1:45 Crafts 3:15 1:1 Sit to Stand & Garden Walks 5:30 Armchair Travel 6:30 1:1 Connection	24 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Magic in Words 3:15 1:1 Sit to Stand & Garden Walks 5:30 Trivia 6:30 1:1 Connection	25 9:45 Exercise 11:00 Catholic Mass 1:30 Nail & Hand Care 1:45 Bingo 3:15 1:1 Sit to Stand & Garden Walks 5:30 Karaoke 6:30 1:1 Connection	26 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Happy Hour 3:15 1:1 Sit to Stand & Garden Walks	27 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 10:45 Walking Program 1:45 Floor Hockey 3:15 1:1 Sit to Stand & Garden Walks
28 9:45 Exercise 10:00 Walking Program 1:30 Outdoor Walks 1:45 Movie/ Popcorn "Thelma" 3:15 1:1 Sit to Stand & Garden Walks	29 9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:45 Entertainment by Koro 3:15 1:1 Sit to Stand & Garden Walks	30 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:45 Reading Club 3:15 1:1 Sit to Stand & Garden Walks				