

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<h1>November</h1> 			1 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:30 Magic in Words 1:45 Balloon Tennis 3:15 1:1 Sit to Stand & Garden Walks 5:30 Nail & Hand Care 6:30 1:1 Connection	2 9:45 Exercise 11:00 Catholic Mass 1:45 Bingo 3:15 1:1 Sit to Stand & Garden Walks 5:30 Fly Ball 6:30 1:1 Connection	3 9:45 Exercise 11:00 Walking Program 1:45 Entertainment by Koro 3:15 1:1 Sit to Stand & Garden Walks 5:30 Art Therapy 6:30 1:1 Connection	4 9:45 Exercise 11:00 Catholic Mass on Tv 11:45 Room visits 1:45 Happy Hour 3:15 1:1 Sit to Stand & Garden Walks
5 9:45 Exercise 11:00 Polish Church Livestream Mass 11:00 Walking Program 1:45 Movie/ Popcorn "Rebecca" 3:15 1:1 Sit to Stand & Garden Walks	6 9:45 Exercise 11:45 Walking program 11:45 Room visits 1:45 Entertainment by Pete 3:15 1:1 Sit to Stand & Garden Walks	7 9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:45 Entertainment by Lawless Firm Band 3:15 1:1 Sit to Stand & Garden Walks	8 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:30 Magic in Words 1:45 Balloon Tennis 3:15 1:1 Sit to Stand & Garden Walks 5:30 Pizza Night 6:30 1:1 Connections	9 9:45 Exercise 11:00 Catholic Mass 1:30 Nail & Hand Care 1:45 Bingo 3:15 1:1 Sit to Stand & Garden Walks 5:30 Fly Ball 6:30 1:1 Connection	10 9:45 Exercise 11:00 Music Therapy 11:00 Walking Program 1:30 Baking Program 3:15 1:1 Sit to Stand & Garden Walks 5:30 Fly Ball 6:30 1:1 Connection	11 Remembrance Day 9:45 Exercise 11:00 Catholic Mass on Tv 11:45 Room visits 1:45 Social Tea 3:15 1:1 Sit to Stand & Garden Walks 5:30 Crafts 6:30 1:1 Connection 
12 9:45 Exercise 11:00 Polish Church Livestream Mass 11:00 Walking Program 11:45 Room visits 1:45 Bible Believers 3:15 1:1 Sit to Stand & Garden Walks	13 9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:45 Entertainment by Time Liners 3:15 Sit to Stand & Garden Walks	14 9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:45 Discussion Group 3:15 1:1 Sit to Stand & Garden Walks	15 9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:30 Magic in Words 1:45 Balloon Tennis 3:15 1:1 Sit to Stand & Garden Walks	16 9:45 Exercise 11:00 Catholic Mass 1:30 Nail & Hand Care 1:45 Entertainment by Slava 3:15 1:1 Sit to Stand & Garden Walks 5:30 Busy Hands 6:30 1:1 Connection	17 9:45 Exercise 11:00 Music Therapy 11:00 Walking Program 1:30 Outdoor Walks 1:45 Reminiscing Program 3:15 1:1 Sit to Stand & Garden Walks 5:30 Crafts 6:30 1:1 Connection	18 9:45 Exercise 11:00 Catholic Mass on Tv 11:45 Room visits 1:45 Happy Hour 3:15 1:1 Sit to Stand & Garden Walks 5:30 Nail & Hand Care 6:30 1:1 Connection
19 9:45 Exercise 11:00 Polish Church Livestream Mass 1:30 Fun Brain Games 1:45 Bible Believers 3:15 1:1 Sit to Stand & Garden Walks 5:30 Crafts 6:30 1:1 Connection	20 9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:45 Entertainment by Mike 3:15 1:1 Sit to Stand & Garden Walks	21 9:45 Exercise 10:45 Walking Program 11:45 Room Visits 1:30 Outdoor Walk 1:45 Reading Club 3:15 1:1 Sit to Stand & Garden Walks	22 9:45 Exercise 10:45 Walking Program 1:30 Magic in Words 1:45 Balloon Tennis 3:15 1:1 Sit to Stand & Garden Walks	23 9:45 Exercise 11:00 Catholic Mass 1:45 Nail & Hand Care 1:45 Bingo 3:15 1:1 Sit to Stand & Garden Walks 5:30 Fly Ball 6:30 1:1 Connection	24 9:45 Exercise 11:00 Music Therapy 11:00 Walking Program 1:30 Baking Program 1:45 Karaoke 3:15 1:1 Sit to Stand & Garden Walks 5:30 Fly Ball 6:30 1:1 Connection	25 9:45 Exercise 11:00 Catholic Mass on Tv 11:45 Room visits 1:45 Social Tea 3:15 1:1 Sit to Stand & Garden Walks 5:30 Crafts 6:30 1:1 Connection
26 9:45 Exercise 11:00 Polish Church Livestream Mass 1:45 Movie/ Popcorn "Loving" 3:15 1:1 Sit to Stand & Garden Walks 5:30 Busy Hands 6:30 1:1 Connection	27 9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:45 Entertainment by Lory 3:15 1:1 Sit to Stand & Garden Walks	28 9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:45 ADAPTIVE CLOTHING SALE 3:15 1:1 Sit to Stand & Garden Walks 5:30 Fly Ball 6:30 1:1 Connection	29 9:45 Exercise 10:45 Walking Program 11:45 Room visits 1:30 Magic in Words 1:45 Balloon Tennis 3:15 1:1 Sit to Stand & Garden Walks	30 9:45 Exercise 11:00 Catholic Mass 1:30 Nail & Hand Care 1:45 Entertainment by Koro 3:15 1:1 Sit to Stand & Garden Walks 5:30 Busy Hands 6:30 1:1 Connection	 <h2>LEST WE FORGET</h2>	

** DAILY CHRONICLES 2023 ARE PROVIDED EACH MORNING ** ACTIVITIES SUBJECT TO CHANGE



HAPPY REMEMBRANCE DAY

